## Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>08.45 - 09.30</td>
<td>Registration &amp; Coffee</td>
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| 09.30 – 09.35 | Introduction from Margaret Pyke Trust, with the Population & Sustainability Network  
CARINA HIRSCH, Advocacy and Policy Manager |
| 09.35 - 10.15 | Improving Informed Choice and Uptake of Contraception: New Online Developments  
Speaker: JUDITH STEPHENSON, Margaret Pyke Professor of Sexual & Reproductive Health |
| 10.15 - 11.00 | Post-Partum Pelvic Problems  
Speaker: ARVIND VASHISHT, Consultant Obstetrician & Gynaecologist, UCLH |
| 11.00 - 11.30 | Coffee Break                                                            |
| 11.30 - 12.15 | LARC Contraception Update and Questions  
Speaker: CHRIS WILKINSON, Consultant in Sexual & Reproductive Health, Margaret Pyke Centre |
| 12.15 - 13.00 | Hormonal Contraception Update and Questions  
Speaker: CHRIS WILKINSON |
| 13.00 - 13.50 | Buffet Lunch                                                            |
| 13.50 - 14.20 | Contraception – Practical Aspects of Delivery and Case Studies  
Speaker: CHRIS WILKINSON |
| 14.20 - 15.00 | Female Genital Dermatoses                                               |
| 15.00 - 15.50 | Obesity & Bariatric Surgery – Implications for Sex, Conception and Pregnancy  
Speaker: SOPHIA STONE, Consultant Obstetrician, West Sussex Hospitals NHS Trust |
| 15.50        | Close                                                                   |

[Book Online](#)  
Contact Rosemary Massouras ☎️ (020) 3317 5497 or 07779 306 805  
✉️ [rosemarymassouras@margaretpyke.org](mailto:rosemarymassouras@margaretpyke.org)
Venue
Royal College of Physicians, 11 St Andrew's Place, Regents Park, London NW1 4LE

Visit Google maps here.

Arrive by underground
- Regent's Park Station on the Bakerloo line (3 minutes' walk)
- Great Portland Street Station on the Circle, Metropolitan and City lines (5 minutes' walk)
- Warren Street Station on the Victoria and Northern lines (10 minutes' walk)
- Visit Transport for London's journey planner here

Arrive by train
- Euston Station (15 minutes' walk)
- King's Cross Station (5 minutes by taxi)
- St Pancras Station – Eurostar terminal (5 minutes by taxi)
- Marylebone Station (5 minutes by taxi)
- Visit National Rail Enquiries here

Arrive by road
- From the north: A4201 Albany Street from A41 North, the M1, A1, M40 and M25
- From the east: A501 Euston Road from A13 East, the M25, the M20 and the M2
- From the west: A501 Marylebone Road from A40 Westway, the M4 Heathrow and the M25
- From the south: A4201 Portland Place from Westminster and the A23, M25 and M23 Gatwick

Car and cycle parking
- The RCP has free car parking for disabled visitors (situated outside the congestion charge zone).
- Public car parks are located on A4201 Portland Place, Devonshire Street, Munster Square and Cardington Street.
  - The RCP has cycle stands. Please enquire at reception