

**MARGARET PYKE TRUST, WITH THE POPULATION &
SUSTAINABILITY NETWORK
(formerly known as "Margaret Pyke Trust")**

COMPANY LIMITED BY GUARANTEE

Registered company no. 03438741
Registered charity no. 1064672

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2019

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

(A company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2019

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS

FOR THE YEAR ENDED 28 FEBRUARY 2019

Registered name	Margaret Pyke Trust, with the Population & Sustainability Network
Company number	03438741
Charity number	1064672
Registered office	The Archway Centre 681-689 Holloway Road London N19 5SE
Trustees	Sir Richard Ottaway (Chairman) Mr Mark Burrell DL Mr Anthony Burrell (resigned 02 July 2019) Professor John Guillebaud Dr Mary Warrell (resigned 03 July 2018) Mr Toby Aykroyd Mrs Ruth McNeil Mr Patrick Salaun Professor Judith Stephenson Professor Susannah Mayhew Ms Mary Rose Gunn Ms Sophie Copeman (appointed 03 July 2018) Ms Anne-Sophie Lendrevie (appointed 03 July 2018) Ms Amanda Kamin (appointed 02 July 2019)
Chief executive officer	David Johnson
Independent auditor	Shruti Soni Shruti Soni Ltd Certified Accountant 117A St Johns Road Sevenoaks TN13 3PE
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill, West Mailing Kent ME19 4JQ
Investment managers	Mirabaud & Cie (Europe) SA, UK Branch 10 Bressenden Place London SW1E 5DH

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The Trustees present their annual report and financial statements for the 1 March 2018 to 28 February 2019 period. The financial statements have been prepared in accordance with the accounting policies set out in note 1 of the accounts. They comply with the charity's governing document, the Charities Act 2011, and the Accounting and Reporting by Charities: Statement of Recommended Practice ("SORP"), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland as published on 16 July 2014.

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution and governing document

The Margaret Pyke Trust, with the Population & Sustainability Network (the "Trust") is a registered charity, number 1064672, and is constituted under Articles of Association, passed by special resolution on 15 June 2016. The Trust has been a pioneering charity in sexual and reproductive health for half a century, having taken over the undertaking of the previous Margaret Pyke Memorial Trust (registered charity number 1041742) on 1 January 1998.

The governance of the Trust is the responsibility of the Board of Trustees. Day to day management is delegated to the Trust's Chief Executive, who draws on the support and expertise of the Trustees, an additional board of advisors, a growing number of specialist sexual and reproductive health volunteer clinicians, and expert clinical and advocacy consultants as needed.

b. Method of appointment or election of Board of Trustees

Trustees are elected under the terms of the Articles of Association. The Trust has a Board of twelve eminent Trustees, led by the Chairman, Sir Richard Ottaway. In the reporting year, two new Trustees were appointed, as part of the Trust's rotation policy:

- Sophie Copeman is a partner in the Global Non-Profit practice of Perrett Laver, an international executive search firm advising on leadership across a range of sectors. She holds a BA in History from the School of Oriental and African Studies and an MPhil in International Relations from St Antony's College, Oxford; and
- Anne-Sophie Lendrevie a specialist in growth strategies, innovation, digital transformation, and corporate and social responsibility. She is an experienced trustee and treasurer and a mentor for tech start-ups in leading UK incubators. She also promotes companies operating in the corporate wellbeing services and as such supports diversity and inclusion in the workplace.

Long term Trustee, Mary Warrell, stood down in the reporting year. Details of the Trustees can be found on the Trust's website: <http://margaretpyke.org/about/our-board-of-trustees/>

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No other person or external body is entitled to appoint any Trustees. The Trustees who served during the period and after the year-end are shown on page 1.

c. Policies adopted for the induction and training of Board of Trustees

The Chair and Chief Executive are primarily responsible for briefing new members of the Board of Trustees. As part of the induction process for new Trustees, such new Trustees are briefed on: (a) the history, values and ethos of the Trust; (b) all existing policies of the Trust; (c) the Trust's existing and planned programmatic and advocacy actions; and (d) the Trust's strategic plan.

d. Related party relationships

The Trust has considered the disclosure requirements of the SORP for related party relationships. The Trust has no related party connections with other organisations. The Trustees consider the members of the Board of Trustees and their close connections to be the only related parties of the Trust. All Trustees give their time voluntarily and receive no benefits from the Trust of any kind. No expenses were claimed from the Trust by any Trustees in the reporting year.

Trustees are required to disclose all relevant interests and register them with the Chairman of Trustees and to withdraw from decisions where a conflict of interest arises.

e. Remuneration policy for key management personnel

Staff remuneration is reviewed annually. The Trustees review the remuneration of key management personnel, and draw on their knowledge of the sector, the formal appraisal process, and common practice in other charities of similar size, to ensure that the remuneration set is fair and not out of line with that generally paid for similar roles.

f. Risk Management

The Board of Trustees fully accepts its responsibilities for ensuring that the major risks to which the Trust is exposed are identified, and that there are systems and procedures in place to minimise and manage those risks. The Board of Trustees considers whether the Trust is exposed to additional or differing levels of risk at every Board meeting.

In the reporting year four law firms assisted the Trust in assessing and minimising its risks. Arnold & Porter reviewed the Trust's general legal risks and insurance provisions. Sharpe Pritchard reviewed the Trust's treatment of data under the General Data Protection Regulation. Skadden Arps Slate Meagher & Flom provided advice on the terms of appointment of consultants and employees. Morrison & Foerster (UK) LLP provided advice on certain intellectual property issues.

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OBJECTIVES AND ACTIVITIES FOR THE PUBLIC BENEFIT

a. Purposes and aims

The latest Articles of Association were adopted on 15 June 2016, to comply with latest Charity Commission guidance and best charity practice. The Objects Clause of the Articles of Association provides that the Trust's objects (the "**Objects**") are specifically restricted to the following:

- Implementation of project activities, training activities, education activities, research activities, communication activities, publicity activities and advocacy activities which promote, support and advance universal access to sexual and reproductive health information, rights, and services in all parts of the world, including but not limited to rights based voluntary family planning and contraception information and services;
- Coordinating the Trust's international programme, the Population & Sustainability Network, as both a programme in its own right and as a membership programme where relevant bodies (both domestic and international) join the Population & Sustainability Network to collaborate on project, training, education, research and fundraising activities;
- Coordinating, running, managing and/or joining any other form of network or alliance;
- Undertaking any activity to further the vision of a world where everyone can choose freely whether and when to have children, and how many, for the benefit of all people and the planet;
- Seeking greater understanding of sexual and reproductive health and rights and voluntary family planning as an essential component of sustainable development within the international development context and otherwise;
- Promoting sexual and reproductive health and rights, women's rights, education activities, livelihood generation activities, and Population, Health & Environment and other integrated development models. Highlighting the important connections between the former topics and climate change, environmental conservation and population dynamics (including but not limited to population growth, birth, death, immigration and emigration rates). Undertaking advocacy and fundraising activities relating to these and related sectors and the implementation, with partners or alone, of projects on the ground responding to these challenges;
- Influencing international, regional and domestic policy to further the Objects and, when reasonably necessary to do so, to seek all formal and informal memberships, accreditations and other forms of recognition which would further the Trust's ability to undertake such work, be they memberships, accreditations or any other form of recognition with national

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government(s), international bodies including but not limited to the United Nations, civil society groupings or otherwise;

- Undertaking education and training activities with the public and professionals from all areas of expertise, including but not limited to healthcare professionals in the theoretical, practical, historical and all other aspects of sexual and reproductive health, family planning, contraception, all other related health fields and the linkages between those and other development fields; and
- The advancement and promotion of medical education and research generally.

The objects of the Trust are pursued in three strands:

- Training: Developing, delivering, and promoting high quality sexual and reproductive health training courses for doctors, nurses, midwives and other clinicians and healthcare workers;
- Advocacy: Highlighting the importance of population dynamics, including population growth, as a development priority and removing barriers inhibiting the discussion of sexual and reproductive health and rights and population as related topics and promoting these issues at the policy level; and
- Programmatic: Providing a leadership role in the population, sexual and reproductive health and rights, international development, climate change and conservation sectors to promote, design and implement integrated projects responding to the interrelated challenges faced by all in a world with a growing population.

b. Beneficiaries of the Trust's services, principle activities and achievements

Training

In the reporting year, 586 clinicians attended one of the Trust's thirteen reproductive health-training courses. The Trust continues to provide the greatest range of contraceptive update training courses for clinicians in the UK. Whilst the 586 clinicians who completed training have benefited from enhanced knowledge, of even greater significance is the number of their patients who will have benefited from better healthcare because of their improved knowledge, skills, and confidence. It is not possible to monitor the impact of these courses from patients' perspectives, although many thousands of patients will have received a greater level of patient care because of the Trust's training.

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Margaret Pyke Conferences

272 qualified medical practitioners attended one of the Trust's Margaret Pyke Conferences. These Conferences, covering contraception and other aspects of sexual health, are recognised by the Faculty of Sexual and Reproductive Healthcare (FSRH) (a faculty of the Royal College of Obstetricians and Gynaecologists) and are valid for six hours of re-certification of the Diploma of the FSRH and six Continuing Professional Development points. The Margaret Pyke Conferences enable doctors and nurses to acquire up-to-date knowledge, and greater confidence and skills, allowing them to deliver safe and effective sexual and reproductive health care in community, primary and secondary care settings, with course content carefully designed to reflect developments in medicine and society.

In the reporting year, 99.6% of Margaret Pyke Conference course delegates who completed the evaluation forms stated that they had increased sexual and reproductive health knowledge, 99% stated that they had greater confidence to deal with their patients' sexual and reproductive issues, and 100% stated that they would recommend courses run by the Trust to their colleagues.

The Margaret Pyke Conferences not only continued to cover the latest updates and best practice in contraception, but also some of the less commonly considered sexual and reproductive health issues. In the reporting year, such new topics included, for instance, perinatal mental health, to reflect increased emphasis on mental health generally; and language, stigma and discrimination in sexual health, a session by the UCL Medical Schools' Medical Ethics and Law Lead, addressing some of the sensitive issues that arise in sexual health and how to deal with them appropriately. Sex robots also featured as a new topic for the Trust.

Sexual & Reproductive Health (SRH) Essentials for Primary Care

In the reporting year, the Trust ran five SRH Essentials for Primary Care courses, a training course developed by FSRH. The 76 course delegates comprised 72 nurses, three pharmacists and one doctor. For the second year in a row, the Trust was the UK training body responsible for training the most delegates on this course nationwide. The course is aimed specifically at healthcare practitioners working in primary care settings, and the principal objective is to enable delegates, who might hitherto have little formal SRH training, to handle their patients' sexual health needs with enhanced knowledge and confidence.

Of those SRH Essentials course delegates who completed the course evaluation forms 100% of course delegates stated that they had increased sexual and reproductive health knowledge, 100% stated that they had greater confidence to deal with their patients' sexual and reproductive issues, and 100% stated that they would recommend courses run by the Trust to their colleagues.

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Course of 5

Having hosted the Trust's first "Course of 5" in the previous reporting year, in the current reporting year the Trust held two such courses. The Course of 5 is the penultimate component of the FSRH's Diploma of Sexual and Reproductive Healthcare and is undertaken prior to a final clinical assessment. 33 doctors attended one of these courses. All delegates completed the post course evaluation and 100% of delegates stated that the course fulfilled their expectations, 100% stated that their confidence had been consolidated and 100% stated that they would recommend Trust training to colleagues, some very emphatically.

The Trust has established a means of hosting the Course of 5 where all course surpluses are invested in the Trust's family planning training programmes in Uganda, which has proved to be a successful way to promote the course. Some of the project costs of the Trust's work at Bwindi Community Hospital in Uganda are therefore covered by the course surpluses generated by the Course of 5.

Contraception Masterclass

In the reporting year, the Trust ran its first Contraception Masterclass, with 62 clinicians attending. The course was presented by Trustee John Guillebaud, Emeritus Professor of Family Planning and Reproductive Health, University College London. Included in a contraception update was a detailed and persuasive case for a regimen of continuous contraceptive pill-taking.

Of the Masterclass delegates who completed the evaluation forms, 100% stated that they had increased sexual and reproductive health knowledge, 100% stated that they had greater confidence to deal with their patients' sexual and reproductive issues, and 100% stated that they would recommend courses run by the Trust to their colleagues.

BBC TV's Horizon programme were present and filming took place during the event for a programme on women's contraception experiences which aired a couple of months later.

SRH for SASH – (Support and Advice on Sexual Health)

In the reporting year, the Trust ran its first SRH training course for SASH – a health and social care organisation providing specialist services for people with complex needs including those affected by drug and alcohol misuse. The training included an overview of contraception methods and how they work, effective sexual history taking and the consequences of risky behaviour.

Of the course delegates who completed the evaluation forms, 100% stated that they had increased sexual and reproductive health knowledge, 87% stated that they had greater confidence to deal with their patients' sexual and reproductive issues, and 100% stated that they would recommend courses run by the Trust to their colleagues.

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Clinical Commission Groups (CCGs)

In the reporting year, the Trust ran three bespoke courses for CCGs – Camden, Hillingdon, and Barking, Havering & Redbridge. The programmes for these events were designed to cover the identified learning needs of the clients and covered a range of SRH topics including a contraception overview and a cervical screening update.

Of the delegates who completed the evaluation forms, 100% stated that they had increased sexual and reproductive health knowledge, 85% stated that they had greater confidence to deal with their patients' sexual and reproductive issues, and 96% stated that they would recommend to their colleagues courses run by the Trust.

Advocacy

In the reporting year, the Trust was active with the following alliances:

International Union for the Conservation of Nature (IUCN)

The IUCN is the world's largest and most diverse environmental network, harnessing the experience, resources and reach of its 1,300 member organisations and the input of some 13,000 experts. It is the global authority on the status of the natural world and the measures needed to safeguard it. The Trust is the only member of the IUCN with fifty years' family planning expertise and therefore brings a unique perspective.

In the reporting year, the Trust's Chief Executive was appointed to become a member of both the Executive Committee of the National Committee UK of IUCN (**NCUK**) and the IUCN's Commission on Environmental, Economic & Social Policy (**CEESP**). The Trust has therefore been able to engage in and contribute to CEESP's Human Wellbeing and Sustainable Livelihoods Theme and CEESP's Specialist Group on Gender, as part of the Trust's work to bring reproductive health and rights into conservation policy. Furthermore, by using the Trust's status as the only IUCN member with such a background, and the Trust's Chief Executive's IUCN appointments, the Trust has facilitated the inclusion of reproductive health in the latest drafts of the IUCN's forthcoming Biodiversity of Health Policy Brief.

Working with the NCUK, the Trust hosted the UK event marking the 70th anniversary of IUCN. The Trust and NCUK themed the one day conference as *"Nature and human wellbeing – scoring common goals"*. This enabled the Trust, and Population & Sustainability Network member Blue Ventures, to present to IUCN members, other leading environmental implementers, policy makers, academics and Thérèse Coffey MP, Parliamentary Under-Secretary of State for the Environment, on the critical importance of incorporating family planning into conservation policy and programme design.

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The *Nature and human wellbeing* event was the first time the Trust had hosted such an IUCN event, and led to the Trust being requested to advise several conservation organisations on their internal gender action plans, and on best practice when developing new conservation projects in areas with significant barriers to family planning.

United Nations Framework Convention on Climate Change (UNFCCC)

The UNFCCC is the international environmental treaty adopted and implemented by countries in 1994 to address the issue of climate change. It is also the UN agency that organises the annual Conference of Parties, known as COP. The Trust, as a family planning organisation, is unusual in having Observer Status of this UN agency.

The Trust successfully applied for a highly coveted slot to hold what was a well-attended population themed event at COP 24 in Poland. Furthermore, the Trust facilitated a second panel on demand issues, using the Trust's cross sectoral connections to present on a range of less well known climate change adaptation and mitigation responses. Marie Stopes International presented on how widespread use of family planning, especially in combination with universal access by girls to secondary education or beyond, may be among the most effective measures to respond to climate change over the long term. Work on this with Marie Stopes International is ongoing.

United Nations Environment Programme (UNEP)

UNEP is the leading authority that sets the global environmental agenda, promotes the coherent implementation of the environmental dimension of sustainable development within the United Nations system and serves as an authoritative advocate for the global environment.

In the reporting year, the Trust was granted observer status and as such is eligible to attend all public meetings and sessions of the United Nations Environment Assembly and input into policy documents. The Trust submitted representations to UNEP on its Sixth Global Environmental Outlook.

Family Planning 2020 (FP2020)

FP2020 is a United Nations led global partnership composed of governments, civil society, multilateral organisations, donors, the private sector, and the research and development community with the aim of enabling 120 million more women and girls to use contraceptives by 2020. The Trust has been an "FP2020 Commitment Maker" since 2016 and as such has committed to advocating for the importance of universal access to comprehensive and voluntary family planning services and rights to those services.

The Trust is on track to meet its FP2020 commitments to train doctors and nurses both in the UK and abroad. The Trust also committed to designing and implementing at least three sexual and

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reproductive health and rights integrated programmes in FP2020 focus countries between 2016 and the end of 2019, which has already been achieved. In addition, the Trust continues to make steady progress in advocating for health and gender organisations, policymakers, and funding partners to build a broader, multi-sectoral coalition of organisations working to ensure universal access to comprehensive and voluntary family planning services. During the reporting period, the Trust's work was showcased by FP2020 a number of times, including in the FP2020 Annual Progress Report.

Women Deliver

Women Deliver is a leading global advocacy organisation promoting gender equality and women's and girls' health and rights. The Trust is a recognised "ally" of Women Deliver's "Deliver for Good" campaign, which highlights key areas of investment to improve the lives of women and girls. As climate change and environmental conservation have been identified as one such investment area, the Trust has been identified as a reliable source of information on the important links between these areas.

Bridge Collaborative

Chaired by The Nature Conservancy, one of the world's leading environmental organisations, the Bridge Collaborative brings together a variety of organisations working to bridge the gap between population, food security, climate change and other priority international development issues. As a promoter of cross-sectoral solutions to development challenges, Bridge Collaborative published and promoted the Trust's "Think Family Planning" Toolkit and the Trust's paper "The importance of human reproductive health and rights for cheetah conservation". In addition, the Bridge Collaborative has been an important supporter of the Trust's Thriving Together advocacy campaign, which has been a key advocacy action in the second half of the reporting year, and which will go live on World Population Day in 2019 (see more below).

UK Sexual and Reproductive Health and Rights Network

This UK Network brings together UK based organisations working on sexual and reproductive health and rights, and coordinates the interaction between member organisations and DFID. In the reporting year, the Trust successfully ensured that the UK Network's new strategy complies with the Trust's strategy, hence including a specific objective to promote the Population, Health & Environment model.

Planetary Health Alliance

Based at Harvard University, the Alliance brings together academia, research institutes and civil society to grow the field of inter-sectoral thinking and action on human and planetary health. As a member of the Planetary Health Alliance, the Trust presented at the Alliance's 2018 Annual Meeting

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in Edinburgh, based on its paper *"The importance of human reproductive health and rights for cheetah conservation."*

Uganda UK Health Alliance

The Alliance promotes collaboration between UK based and Ugandan health organisations with the aim of harnessing expertise, particularly in Uganda, to promote learning and improve health practices. Given the Trust's programmatic work in Uganda, described below, the Trust has engaged with a number of health actors in Uganda via this Alliance to further the Trust's USHAPE programme.

Population and Sustainable Development Alliance (PSDA)

PSDA is an international network of civil society organisations from the global north and south, advocating for multi-sectoral approaches to sustainable development. Thanks to the Trust's work to secure a slot at the COP 24 and UNFCCC accreditation, the Trust enabled PSDA members wanting to attend COP 24 to do so and undertake advocacy with ministers and civil society.

Seeking to change global policy

In the reporting year, in addition to the Trust's work as members of alliances and groupings, the Trust was also active with the following campaigns and events, seeking to change global policy:

Thriving Together

The Trust's Thriving Together advocacy campaign will be launched on World Population Day in 2019. During the reporting year, the Trust has built up an alliance of over 100 organisations to support the Trust's campaign. This has required significant research, and the preparation of an 18,000-word paper. At the heart of the campaign is the desire to normalise the consideration of barriers to family planning as an environmental conservation issue.

To support this work, the Trust recruited Robert Engelman, a specialist environmental and demographic writer and researcher. From 1992 to 2007 Robert Engelman led a research team at the family-planning advocacy organisation PAI (formally Population Action International), focusing on the environmental benefits of slowing population growth through improving access to family planning and empowering women. From 2007 to 2014 Robert Engelman directed research and was for several years president of the Worldwatch Institute, an independent environmental think tank. Since 2014 Robert Engelman has worked as a Senior Fellow for Worldwatch, completing an international collaborative assessment of scientific research on the impacts of family planning on environmental sustainability. Robert Engelman's most recent work for UNFPA was to write the introductory chapter in its annual report on global population, which reports on inequality in access to reproductive health services and advocates for efforts to gain universal access for all. During the

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reporting year, Robert Engelman's role as a consultant for the Trust has been key to furthering the Thriving Together campaign.

International Conference on Family Planning (ICFP)

The ICFP is a global biennial conference bringing together international experts related to family planning. ICFP was established in 2009 with funding from John's Hopkins School of Public Health and the Gates Foundation, when it became clear that after 1994 there was no appetite within UNFPA or beyond for holding the UN's decennial International Conference on Population and Development. The ICFP is therefore the world's most important population event and has grown tremendously; in 2018, there were 3,700 participants.

The Trust coordinated and participated in four out of five competitively selected panels on family planning and environmental conservation with key partner organisations from both sectors. One such event was moderated by the most senior USAID official working on these thematic issues and all were well attended by senior donors, academics and NGOs. The events led to the Trust gaining significant new support from organisations from Africa and Asia for its Thriving Together campaign.

Why Women Will Save the Planet

The Friends of the Earth coordinated book "Why Women Will Save the Planet" was published in the reporting year, and brought together a number of renowned figures from government and the international development community. The Trust's chapter "*Family planning: a win-win for women and sustainability*" was the only chapter on reproductive health and rights.

Ad hoc advocacy

Membership of the alliances, presentations given, and Trust publications mentioned above led to the Trust being requested to present to or advise a number of organisations on the Trust's work, including the Zoological Society of London, Cambridge Conservation Initiative, Fauna & Flora International, UNEP-WCMC, the UK Government's Department for Environment, Food & Rural Affairs, the Environmental Funders Network and multiple others.

It is hard to quantify the number of beneficiaries from the Trust's advocacy activities. The aim, however, is based on the principle that all women, no matter where they live, should have access to a modern method of contraception. By influencing policy, through alliances, and by influencing organisations which we advise and collaborate with, the Trust seeks to change social norms. The Trust's advocacy strategy is best summarised by what the Trust defines as "speaking to new audiences", in other words, promoting joined-up actions leading to greater sexual and reproductive health and rights within new sectors, such as the conservation sector.

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International programmes

USHAPE – the Trust's Ugandan sexual and reproductive health training methodology

USHAPE (Uganda Sexual Health and Public Education) is a training programme to improve family planning services at healthcare facilities in Uganda. USHAPE training is delivered in three ways:

- 'Advocate' level training ensures that all staff can become family planning advocates in their communities and in the work place. Advocate level training seeks to ensure that no one, whether clinician, administrator or security guard, stands in the way of patients accessing family planning information or services at their place of work;
- 'Provider' level ensures that clinicians are fully trained in all aspects of family planning service provision; and
- 'Trainer' level trains a select number of USHAPE Provider graduates on how to become USHAPE trainers, to better support and mentor their colleagues.

The Trust has a panel of four specialist family planning / FSRH registered training doctors, each of whom has been involved with the development and piloting of USHAPE for a three years. During the reporting year, the Trust has focused on the finalisation of the design and content of the USHAPE training programme and materials.

The Trust has also formalised its relationship with the Uganda Protestant Medical Bureau (the "UPMB"), the umbrella organisation under which the Trust's partner hospitals in Uganda, which are implementing its USHAPE programme, operate. The Trust and UPMB, under their recently signed Memorandum of Understanding, are now working together on their shared goal of rolling USHAPE out across Uganda, by embedding it within the 28 UPMB hospitals and health centres.

Partnership with Bwindi Community Hospital, Uganda (a UPMB hospital)

In the reporting year the Trust continued to support Bwindi Community Hospital embedding the USHAPE training programme. Bwindi Community Hospital is a 112-bed hospital serving an area of around 100,000 people in one of the most impoverished parts of rural south-west Uganda, close to the border of the Democratic Republic of Congo.

In the reporting year the Trust funded, trained, and mentored the hospital's full-time Margaret Pyke Nurse, who leads the implementation of USHAPE. This has led to (among other outputs):

- The delivery of 185 hours of training courses to 54 student nurses, 18 in-service nurses, 14 student midwives, 5 non-clinical hospital staff, 2 clinical officers and 2 midwives;

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- 96 community outreach sessions, engaging the most rural and remote communities, with around 570 hours of family planning talks and service provision; and
- Local radio talk shows featuring Q&A sessions for community members to phone-in with their sexual and reproductive health questions, reaching around 80,000 people.

In addition, youth-friendly training at the hospital benefited 40 clinical and non-clinical staff.

Partnership with Rugarama Hospital, Uganda (a UPMB hospital)

In the reporting year, the Trust began working with Rugarama Hospital, a 250-bed hospital, located in Kabale, south-west Uganda. Serving a population of approximately 140,000 the hospital undertakes outreach in rural remote areas, some of which are important wetland nesting habitat for Uganda's national bird, the endangered Grey Crowned Crane. The primary threat to the cranes comes from habitat encroachment due to barriers to family planning leading to avoidably high rates of population growth. The Trust has therefore developed a partnership to bring together organisations working in health, livelihoods and environmental conservation, to address these interrelated issues.

The Trust coordinated a project development week with Rugarama Hospital, the London School of Hygiene and Tropical Medicine, Nature Uganda, and the African Crane Conservation Programme (a joint partnership between the Endangered Wildlife Trust and the International Crane Foundation) to design an integrated "Population Health & Environment" (PHE) programme. PHE projects combine efforts in primary health, particularly reproductive health, and conservation actions, often focused on alternative and sustainable livelihoods. Research indicates that PHE projects lead to greater conservation, health and gender outcomes compared to single sector conservation or single sector health projects. The project development was funded by the Darwin Initiative of the UK Government's Department for Environment Food & Rural Affairs (DEFRA). The Trust believes this was the first time DEFRA has funded such cross-sectoral work, or funded any project development work including a major focus on family planning. The Trust anticipates that work around Rugarama Hospital, and with the partners mentioned above, will become a major focus in the following reporting year.

Partnership with Kisiizi Hospital, Uganda (a UPMB hospital)

In the reporting year, the Trust commenced working with Kisiizi Hospital, a 260-bed hospital serving a population of 150,000 in south-west Uganda, a three-hour drive north of Kabale on poorly maintained, unmetalled roads. In the reporting year, the Trust audited Kisiizi Hospital's sexual and reproductive health training needs and the specific support and equipment required to embed the USHAPE training programme at the facility. A three-year plan to support Kisiizi Hospital implement USHAPE was undertaken and implementation commenced. By doing so, the Trust plans to improve

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TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 28 FEBRUARY 2019

the provision of sexual and reproductive health information and services in 210 poor rural communities served by the hospital.

Additionally, the Trust supported two clinicians to run a one-week cervical screening and contraception camp, which provided services to over 300 women.

The Trust has also identified possibilities to broaden the PHE work with Rugarama Hospital towards the same geographical location as Kisiizi Hospital. The Trust introduced its conservation partners to Kisiizi Hospital and developed a site-specific plan to address the habitat encroachment issues within the hospital grounds, which is home to a pair of breeding endangered Grey Crowned Cranes.

Nndwakhulu (a South African programme)

In the reporting year, this two-year project, funded by the European Instrument for Democracy and Human Rights, came to its conclusion as planned. The purpose of Nndwakhulu was to improve sexual, reproductive and gender human rights knowledge and related services in two communities in Limpopo Province, South Africa. The community named the project "Nndwakhulu" meaning "the big fight is on!" and was implemented jointly by the Trust and Population & Sustainability Network member the Thohoyandou Victim Empowerment Programme.

Project close down commenced in January 2019, facilitating the commencement of the external evaluation, data analysis and financial audit, which remains ongoing as at year-end. Consequently, a comprehensive report on project outputs and outcomes will follow later in the current reporting year. Preliminary results include:

- Significant increases in community satisfaction from baseline (project commencement) to end line (project close down) with the percentage of community members expressing satisfaction with services provided by state service providers including increases as follows: (a) clinics where training was provided (17% to 59%); (b) police (14% to 62%); and (c) Department for Social Development (36% to 82%);
- Increases in knowledge and use of contraception (in particular in relation to knowledge of injectable contraception);
- Trained sexual and gender based violence survivor advocates now on duty and on call 24 hours per day and supporting all survivors who report to the police;
- Two safe houses for survivors of sexual and gender based violence opened and in use;
- 1,698 school learners undertook educational activities on sexual and reproductive health issues, with encouraging preliminary results on knowledge transfer; and

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- 1,221 adults undertook five full days of community dialogues on sexual and reproductive health issue, with encouraging preliminary results on knowledge transfer.

In the interest of sustainability, the physical infrastructure has been handed over to community structures; training has been almost exclusively provided to existing staff of state service providers (such as clinical and police staff) who remain in post; and the community led Stakeholder Forum remains the means of ongoing project ownership by community residents.

ACHIEVEMENTS AND PERFORMANCE: REVIEW OF ACTIVITIES FOR THE YEAR

The Trustees review the aims, objectives, and activities of the Trust each year and in the reporting year also undertook a wholesale review of the Trust's strategic plan. This report looks at what the Trust has achieved and the outcomes of its work in the reporting period.

Public benefit

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning its future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives that have been set. Specifics as to public benefit are stated above.

Other work and organisational development

During the year, the Trust has provided in-house training to staff, and strengthened relationships with volunteers. There has been a particular focus on reviewing and updating safeguarding policies and procedures, and the appointment of a Trustee with overall responsibility for safeguarding.

The growing level of project activity in the reporting year has also led to the Trust expanding, by recruiting a financial manager, and increasing its number of consultants.

The following City of London law firms provided pro bono legal advice to ensure the Trust continued to minimise, to the greatest extent possible, any legal and financial risks:

- Arnold & Porter undertook an extensive review of the Trust's legal risk and insurance provisions, resulting in the Trust receiving a revised suite of standard form contracts to use as precedents.
- Sharpe Pritchard undertook an extensive review of the Trust's treatment of data under the General Data Protection Regulation, leading to the Trust revising its contracts, websites and procedures in relation to UK clinical training promotions.

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

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- Skadden Arps Slate Meagher & Flom provided advice and drafted various consultancy agreements, and employment contracts.
- Morrison & Foerster (UK) LLP provided advice on the Trust on intellectual property issues relating to the Trust's USHAPE training methodology.

In terms of gender, the Trust reports that 80% of the Trust's staff, 100% of the Margaret Pyke Volunteers, 100% of the Trust's other UK based volunteers, and 60% of the Trust's consultants are female.

FINANCIAL REVIEW

a. Financial Position

The Trust achieved net income for the year of £2,814, details of which are shown in the Statement of Financial Activities on page 23. This includes £7,195, which represents net losses on revaluation of investments and net income on ordinary activities of £10,009. Of the latter, a surplus on unrestricted funds of £14,999 was achieved, before charging investment losses.

Total income for the year amounted to £523,812, a reduction of £24,258 on the previous year, and total expenditure before taking account of investment gains or losses amounted to £513,803, a reduction of £51,976 on the previous year. The income and expenditure also includes gifts in kind, in relation to professional legal services from four law firms, amounting to £76,016 (2018 – two law firms amounting to £73,405).

b. Reserves Policy

The Trustees have entrusted a professional fund manager to look after the reserves and the Trustees review the valuation, performance, and level of investment risk quarterly, at each Trustees' meeting. The overall investment aim of the Trustees is "medium risk (equities / bonds) and capital appreciation".

The Trustees' policy on reserves is to seek to maintain a level equal to the following financial years' projected expenditure, subject to the expenditure of reserves on strategic actions. In the reporting year, the Trustees elected to invest reserves to appoint a financial manager, and authorised the deduction of £50,000 from reserves in the following reporting year to further project activities in Uganda. The Trustees believe this loosening of the reserves policy is appropriate in terms of the current growth of the Trust and to kick start the new strategic plan.

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

(A Company Limited by Guarantee)

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 28 FEBRUARY 2019

c. Going Concern

After appropriate enquiries, the Trustees have a reasonable expectation that the Trust has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

As part of the Trust's work to minimise costs, and in addition to the provision of pro bono legal services, the following City of London law firms allowed the Trust to use their meeting room facilities at no cost, facilitating the Trust holding eight training and policy events without needing to pay for room hire, additional staffing or catering:

- Stephenson Harwood provided meeting room facilities and catering to enable the Trust to host the UK event marking the 70th anniversary of the International Union for the Conservation of Nature and its UK National Committee's AGM;
- Arnold & Porter provided meeting room facilities and catering to enable the Trust to host the day conference of the UK Executive Committee of the International Union for the Conservation of Nature's National Committee;
- Stephenson Harwood provided meeting room facilities and catering for four of the Trust's SRH Essentials for Primary Care training courses;
- Sullivan & Cromwell provided meeting room facilities and catering for one of the Trust's SRH Essentials for Primary Care training courses; and
- Skadden, Arps, Slate, Meagher & Flom provided meeting room facilities and catering for the Trust's Contraception Masterclass in September.

PLANS FOR FUTURE PERIODS

a. Future developments

During the reporting year, the Trustees undertook a strategic review. Having undertaken an analysis of the Trust's vision, mission, expertise, heritage, recent achievements, and ways in which the Trust can distinguish itself from other organisations, the Trustees determined the best way forward.

The new strategic plan runs until the end of the 2022 / 2023 financial year. During that period, the Trust's primary objective (the "Advocacy Objective") is to effect policy changes, so that barriers to family planning are deemed environmental conservation issues. The Trust's secondary objective (the "Credibility Objective") is to implement international projects and undertake sexual and

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TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 28 FEBRUARY 2019

reproductive health training in the UK, which support the Advocacy Objective and increase the Trust's credibility as an organisation, enabling it to reach the Advocacy Objective.

TRUSTEES RESPONSIBILITIES

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company and charity law requires the Trustees to prepare financial statements that give a true and fair view of the Trust at the end of the financial year and of its surplus or deficit for the financial year. In doing so the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Follow the methods and principles of the Charity SORP; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the group will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Trust and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Trust and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the Trust and financial information included on the Trust's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

(A Company Limited by Guarantee)

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 28 FEBRUARY 2019

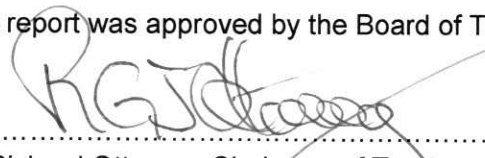
DISCLOSURE OF INFORMATION TO THE AUDITOR

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

APPROVAL OF THE REPORT

This report was approved by the Board of Trustees on 5/11/2019 and signed on their behalf by:


.....
Sir Richard Ottaway, Chairman of Trustees

Date of signing the accounts:

5 NOVEMBER 2019

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

For the year ended 28 February 2019

Opinion

We have audited the financial statements of Margaret Pyke Trust, with the Population & Sustainability Network for the period ended 28 February 2019, which comprise Statement of financial activities, the Balance sheet, Statement of Cashflow and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102. The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 28 February 2019, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

For the year ended 28 February 2019

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, set out on page 19, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

For the year ended 28 February 2019

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.



Shruti Soni, ACCA
Senior Statutory Auditor
Shruti Soni Ltd
Certified Accountant
117A St Johns Road
Sevenoaks
TN13 3PE

Date: 6th November 2019

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

STATEMENT OF FINANCIAL ACTIVITIES

(incorporating Income and Expenditure Account & Statement of Total Realised Gains and Losses)

For the year ended 28 February 2019

	Note	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £
INCOME FROM							
Donations and legacies	2	119,839	110,800	230,639	107,582	137,850	245,432
Charitable activities							
Training		87,618	-	87,618	84,758	-	84,758
International programmes		-	190,571	190,571	-	201,537	201,537
Consultancy		-	-	-	-	-	-
Investments	3	11,642	-	11,642	15,713	-	15,713
Other		3,342	-	3,342	630	-	630
TOTAL INCOME		222,441	301,371	523,812	208,683	339,387	548,070
EXPENDITURE ON:							
Charitable activities	4						
Training		94,019	5,000	99,019	85,135	2,500	87,635
Advocacy		24,537	52,102	76,639	44,913	26,694	71,607
Education		-	-	-	14,865	-	14,865
International programmes		70,189	249,259	319,448	74,376	298,251	372,627
		188,745	306,361	495,106	219,289	327,445	546,734
Fundraising costs		18,697	-	18,697	19,045	-	19,045
TOTAL EXPENDITURE		207,442	306,361	513,803	238,334	327,445	565,779
Net income/(expenditure) and net movement in funds before gains and losses on investments		14,999	(4,990)	10,009	(29,651)	11,942	(17,709)
Net gains / (losses) on investments	13	(7,195)	-	(7,195)	17,323	-	17,323
NET MOVEMENT IN FUNDS		7,804	(4,990)	2,814	(12,328)	11,942	(386)
RECONCILIATION OF FUNDS							
TOTAL FUNDS AT 1 MARCH 2018		490,135	50,110	540,245	502,463	38,168	540,631
TOTAL FUNDS AT 28 FEBRUARY 2019		£ 497,939	£ 45,120	£ 543,059	£ 490,135	£ 50,110	£ 540,245

The annexed notes form part of these financial statements

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

(Company limited by guarantee number 03438741)

BALANCE SHEET

As at 28 February 2019

	Notes	£	2019 £	£	2018 £
FIXED ASSETS					
Tangible assets	12		2		2
Investments	13		<u>436,840</u>		<u>462,528</u>
			436,842		462,530
CURRENT ASSETS					
Prepayments and other debtors	14	24,751		9,166	
Investments	15	56,323		39,540	
Cash at bank and in hand		49,449		50,923	
			<u>130,523</u>	<u>99,629</u>	
CREDITORS: amounts falling due within one year	16	(24,306)		(21,914)	
NET CURRENT ASSETS			<u>106,217</u>	<u>77,715</u>	
NET ASSETS			<u>£ 543,059</u>	<u>£ 540,245</u>	
FUNDS					
Restricted funds	18		45,120		50,110
Unrestricted funds:					
General fund	18		497,939		490,135
			<u>£ 543,059</u>	<u>£ 540,245</u>	

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

These accounts are prepared in accordance with special provisions of Part 15 of the Companies Act 2006.

They were approved, and authorised for issue, by the Board of Trustees on 5/11/2019 and signed on their behalf by:



SIR RICHARD OTTAWAY, Chair

The annexed notes form part of these financial statements

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

STATEMENT OF CASHFLOWS
For the year ended 28 February 2019

	<u>Notes</u>	<u>2019</u>		<u>2018</u>	
		£	£	£	£
Cash flows from operating activities	17		(14,826)		(209,447)
Cash flows from investing activities					
Dividends received from investments		11,642		15,477	
Purchase of investments		(13,784)		(469,404)	
Proceeds from sale of investments		<u>32,277</u>		<u>474,276</u>	
			30,135		20,349
Cash flows from financing activities			-		-
Change in cash and cash equivalents in the year			<u>15,309</u>		<u>(189,098)</u>
Cash and cash equivalents at the beginning of the year			90,463		279,561
Cash and cash equivalents at the year end			<u><u>105,772</u></u>		<u><u>90,463</u></u>

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

1. ACCOUNTING POLICIES

Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following SORP 2015 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 (SORP 2005) which has since been withdrawn.

Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Key judgements that the Trust has made which have a significant effect on the accounts include estimating income and expenditure for the next 12 months.

Income

Income is recognised when the Trust has entitlement to the funds: this is when any performance conditions attached to the income have been met, it is probable that the income will be received, and that the amount can be measured reliably. Gifts in kind are recognised in the period in which the gift was received, and measured on the basis of value to the charity.

Income is only deferred when: The donor specifies that the grant or donation must only be used in future accounting periods; or for performance related grants, where these are received in advance of the performances or specific event to which they relate.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Trust; this is normally upon notification of the interest paid or payable by the bank.

Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for charitable purposes.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is classified under charitable activities.

Fundraising costs

Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities

Expenditure on charitable activities includes the costs of delivering services and reading activities undertaken to further the purposes of the Trust and their associated support costs.

Other expenditure

Other expenditure represents those items not falling into any other heading.

Allocation of support costs

Support and governance costs have been allocated between charitable activities and governance based on estimated staff costs. The allocation of support and governance costs is analysed in note 4.

Tangible fixed assets and depreciation

Tangible fixed assets (excluding investments) are stated at cost less depreciation. The cost of minor additions or those costing less than £400 are not capitalised. Other fixed assets with an expected life of more than one year are included at cost. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Equipment	-	25% straight line
Furniture and fittings	-	25% straight line

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Investments

Investments held as fixed assets are valued at mid-market value at the balance sheet date and the gain or loss taken to Statement of Financial Activities. Any realised gain or loss on sale or disposal of investment is taken to Statement of Financial Activities.

The investments are managed by independent professional fund managers for the purpose of capital appreciation and income generation by investing in medium risk equities and bonds.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Creditors and provisions

Creditors and provisions are recognised where the Trust has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

Pensions

The Trust operates a defined contributions pension scheme, which is a Group Stakeholder Pension Scheme on a salary sacrifice basis. The Trust contributes 5% of gross pay for all staff after they have completed their probationary period. Pension costs are recognised in the Statement of Financial Activities at the percentage of gross pay. The fund manager's charges are factored into the unit value of the pension fund and are not recognised in the accounts.

2. DONATIONS, GIFTS, AND LEGACIES

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Total Funds 2018 £
Grants, gifts, and donations	33,693	110,800	144,493	158,631
Friends of Family Planning for the Planet	250	-	250	60
Sponsorship	9,880	-	9,880	7,405
Gifts in kind	76,016	-	76,016	79,336
	£ 119,839	£ 110,800	£ 230,639	£ 245,432

Grants, gifts, and donations comprise donations and grants received from various donors to carry out projects and other charitable activities. The value for Gifts in kind represents pro bono legal and other support received this year from four legal firms.

The law firms provided advice on: general risks to the Trust, insurances, GDPR, employment contracts, consultants' appointments and intellectual property issues.

3. INVESTMENT INCOME

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Total Funds 2018 £
Interest receivable from:				
Income from UK listed investments	11,642	-	11,642	15,477
Bank interest receivable	-	-	-	236
	£ 11,642	£ Nil	£ 11,642	£ 15,713

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

4. ANALYSIS OF EXPENDITURE

	Staff / consultant costs £	Direct costs £	Governance costs £	Support costs £	Total 2019 £	Total 2018 £
2019						
Charitable activities						
- Training	40,056	51,521	2,217	5,225	99,019	87,635
- Education	-	-	-	-	-	14,865
- Advocacy	56,508	9,632	3,128	7,371	76,639	71,607
- International programmes	99,824	201,078	5,525	13,021	319,448	372,627
	<u>196,388</u>	<u>262,231</u>	<u>10,870</u>	<u>25,617</u>	<u>495,106</u>	<u>546,734</u>
Fundraising costs	15,405	430	853	2,009	18,697	19,045
Governance costs	9,563	2,160	(11,723)	-	-	-
Support costs	10,171	17,455	-	(27,626)	-	-
	<u>£ 231,527</u>	<u>£ 282,276</u>	<u>£ Nil</u>	<u>£ Nil</u>	<u>£ 513,803</u>	<u>£ 565,779</u>
2018						
Charitable activities						
- Training	38,091	42,682	1,877	4,985	87,635	
- Education	12,404	227	611	1,623	14,865	
- Advocacy	46,844	16,323	2,309	6,131	71,607	
- International programmes	107,214	246,097	5,284	14,032	372,627	
	<u>204,553</u>	<u>305,329</u>	<u>10,081</u>	<u>26,771</u>	<u>546,734</u>	
Fundraising costs	16,121	19	795	2,110	19,045	
Governance costs	9,376	1,500	(10,876)	-	-	
Support costs	10,595	18,286	-	(28,881)	-	
	<u>£ 240,645</u>	<u>£ 325,134</u>	<u>£ Nil</u>	<u>£ Nil</u>	<u>£ 565,779</u>	

Of total expenditure of £513,803 (2018 - £565,779), £207,442 (2018 - £238,334) was incurred from unrestricted funds; and £306,361 (2018 - £327,445) was from restricted funds.

Total expenditure above includes the valuation of £76,016 gifts in kind received in the year (2018 - £79,336).

NOTES TO THE FINANCIAL STATEMENTS For the year ended 28 February 2019

5. STAFF COSTS AND NUMBERS

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Total Funds 2018 £
Salary costs				
Wages and salaries	10,175	158,208	168,383	197,649
Social security costs	16,323	-	16,323	19,903
Pension costs	23,443	-	23,443	17,934
	<u>49,941</u>	<u>158,208</u>	<u>208,149</u>	<u>235,486</u>
Other staffing costs				
Consultancy	4,673	18,455	23,128	7,847
Holiday pay over-accrual in prior year	251	-	251	(2,688)
	<u>£ 54,865</u>	<u>£ 176,663</u>	<u>£ 231,528</u>	<u>£ 240,645</u>

The average weekly number of staff on a head count basis was 4 (2018 - 4). The average number of staff on a full time equivalent basis was 4 (2018 - 4).

The total employee benefits of the key management personnel, including pension contributions but excluding Employer NI contributions, were £85,000 (2018 - £84,041).

During the year, there was one employee whose total employee benefits (excluding employer pension costs) fell within the reportable band of £80,000 - £90,000 (2018 - the reportable band of £70,000 - £80,000).

6. TRUSTEES' REMUNERATION AND EXPENSES

No Trustees or other person related to any Trustee received any remuneration during the year nor had any personal interest in any contract or transaction entered into by the Trust during the year (2018 - Nil).

One Trustee helps to manage the operation of the Time Capsule Project funds held by the Trust as intermediary agent. During the year, £142 was spent from the fund (2018 - £97). Further details on funds held by the Trust as intermediary agent are included in note 22.

No Trustees received any reimbursements for expenses on behalf of the charity (2018 - the same).

7. OTHER RELATED PARTIES

The Trustees have not identified any other reportable related parties or related party transactions.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

8. TAXATION

The charity is exempt from corporation tax on its charitable activities under Sections 466 to 493 of the Corporation Tax Act 2010 (CTA2010).

9. SUPPORT COSTS

	Total Funds 2019 £	Total Funds 2018 £
Staff support costs	10,171	10,595
Advertising and promotion	635	2,160
Rent and room hire	360	-
Other premises costs	1,944	-
Communications (website, phone, internet, etc)	1,149	1,253
Stationery and postage	160	216
Design and printing	999	832
Insurance	-	681
IT maintenance & support	2,956	1,531
Travel and subsistence	640	44
Accountancy fees	1,857	1,440
Legal & other professional fees	54	3,916
Bank charges	101	56
Subscriptions	84	138
General administrative costs	189	703
Foreign currency gains / (losses)	(208)	976
Investment manager's fees	6,010	4,279
Direct fundraising costs	3	-
Computer Costs	522	61
	£ 27,626	£ 28,881

Support costs have been allocated to charitable activities on the basis of staff time.

10. GOVERNANCE COSTS

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Total Funds 2018 £
Audit fees	2,160	-	2,160	1,500
Governance staff costs	9,563	-	9,563	9,376
	£ 11,723	£ Nil	£ 11,723	£ 10,876

Governance costs have been allocated to charitable activities on the basis of staff time.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

11. NET INCOME / (EXPENDITURE) FOR THE YEAR

2019
£ 2018
£

Net income/(expenditure) is stated after charging:

Staff pension contributions	23,443	17,934
Depreciation and other amounts written off fixed assets	-	-
Auditors Remuneration: audit fees	2,160	1,500
Other fees payable to auditors: grant audit	900	-
Exchange (gains)/losses	(208)	976

12. TANGIBLE FIXED ASSETS

Fixtures
and
fittings
£ Office
equipment
£ Total
£

Cost

At 1 March 2018 and 28 February 2019

4,171 5,333 9,504

Depreciation

At 1 March 2018

4,170 5,332 9,502

Charge for the year

- - -

At 28 February 2019

4,170 5,332 9,502

Net book value

At 28 February 2018

£ 1 £ 1 £ 2

At 28 February 2019

£ 1 £ 1 £ 2

13. FIXED ASSETS INVESTMENTS

2019
£ 2018
£

Held primarily to provided an investment return are analysed as follows:

UK Listed investments

Bonds and Bond funds

115,570 130,759

Shares, Traditional Funds and Options

321,270 331,769

£ 436,840 £ 462,528

Market value

At the beginning of the year

462,528 450,077

Additions

13,784 469,404

Realised gains / (losses) on investments

(3,272) (3,577)

Unrealised gains / (losses) on investments

(3,923) 20,900

Disposals

(32,277) (474,276)

At the end of the year

£ 436,840 £ 462,528

Historical cost

£ 413,074 £ 409,331

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 28 February 2019

14. DEBTORS

	2019	2018
	£	£
Due within one year		
Trade debtors	22,076	6,134
Prepayments and other debtors	2,675	2,107
Accrued income	-	925
	<u>£ 24,751</u>	<u>£ 9,166</u>

15. INVESTMENTS HELD AS CURRENT ASSETS

	2019	2018
	£	£
Cash equivalents on deposit		
Mirabaud client account (GBP)	45,673	38,586
Mirabaud client account (Euro)	5,675	-
Mirabaud client account (USD)	4,975	954
	<u>£ 56,323</u>	<u>£ 39,540</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Accruals	3,600	6,480
Deferred income	7,007	7,601
Taxation and social security	5,728	4,970
Custodian funds held	7,268	2,410
Holiday pay accrual	703	453
	<u>£ 24,306</u>	<u>£ 21,914</u>

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

Deferred income

Balance at 1 March 2018	7,601	175,350
Amount released to incoming resources	(7,601)	(175,350)
Amount deferred in the year	7,007	7,601
Balance at 28 February 2019	<u>£ 7,007</u>	<u>£ 7,601</u>

Deferred income at the end of the current year of £7,007 relates to training courses delivered during 2018 but invoiced and/or paid for before the end of the financial year (2018 - £5,286).

17 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2019 £	2018 £
Net movement in funds	2,814	(386)
Add back (deduct) investment losses / (gains)	7,195	(17,323)
Add back depreciation	-	-
Deduct interest income shown in investments	(11,642)	(15,477)
Decrease / (increase) in debtors	(15,585)	(2,078)
Increase / (decrease) in creditors	2,392	(174,183)
Net cash used in operating activities	<u>£ (14,826)</u>	<u>£ (209,447)</u>

18. STATEMENT OF FUNDS

	Brought Forward £	Incoming Resources £	Resources Expended £	Transfers and investment gains/(losses) £	Carried Forward £
RESTRICTED FUNDS					
Training	-	5,000	(5,000)	-	-
Advocacy	25,806	35,800	(52,102)	-	9,504
International programmes	24,304	260,571	(249,259)	-	35,616
	<u>£ 50,110</u>	<u>£ 301,371</u>	<u>£ (306,361)</u>	<u>£ Nil</u>	<u>£ 45,120</u>

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 28 February 2019

Purpose of restricted funds

Training

The following grant was restricted to the cost of the Trust's training work:

- £5,000 from the Wates Foundation.

The amount was fully spent during the year.

Advocacy

The following grants were restricted to the costs of the Trust's advocacy work:

- £60,000 from CHK Charities Limited;
- £10,000 from a donor that has requested to remain anonymous;
- £20,000 from the Waterloo Foundation;
- £3,000 from the Zephyr Charitable Trust;
- £2,000 from the Fort Foundation; and
- £800 from the Frederick Mulder Foundation.

All income was spent during the year, except for the £10,000 above, £9,504 of which was held at the year end to be spent in the following period.

International programmes

The following grants were restricted to the cost of the Trust's international programmes:

- £158,574 from the European Union (South African project work);
- £15,000 from Wingham Wildlife Park Animal Welfare (Ugandan project work); and
- £10,000 from the Hilden Charitable Trust (Ugandan project work).

All income was spent in the year, except £28,618 of the European Union grant and £7,000 of the Hilden Charitable Trust grant, which were held at the year end to be spent in the following year.

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

SUMMARY OF FUNDS

2019

	Brought Forward £	Incoming Resources £	Resources Expended £	Transfers and investment gains/(losses) £	Carried Forward £
General Funds	490,135	222,441	(207,442)	(7,195)	497,939
Restricted Funds	50,110	301,371	(306,361)	-	45,120
	<u>£ 540,245</u>	<u>£ 523,812</u>	<u>£ (513,803)</u>	<u>£ (7,195)</u>	<u>£ 543,059</u>

2018

	<i>Brought Forward £</i>	<i>Incoming Resources £</i>	<i>Resources Expended £</i>	<i>Transfers and investment gains/(losses) £</i>	<i>Carried Forward £</i>
RESTRICTED FUNDS					
Training	-	2,500	(2,500)	-	-
Advocacy	-	52,500	(26,694)	-	25,806
International programmes	38,168	284,387	(298,251)	-	24,304
UNRESTRICTED FUNDS					
General funds	502,463	208,683	(238,334)	17,323	490,135
	<u>£ 540,631</u>	<u>£ 548,070</u>	<u>£ (565,779)</u>	<u>£ 17,323</u>	<u>£ 540,245</u>

MARGARET PYKE TRUST, WITH THE POPULATION & SUSTAINABILITY NETWORK

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

2019

	Unrestricted Funds		Restricted Funds	Total Funds
	Designated Funds	General Funds		
	£	£	£	£
Tangible fixed assets	-	2	-	2
Fixed asset investments	-	436,840	-	436,840
Net current assets	-	61,097	45,120	106,217
	<u>£ Nil</u>	<u>£ 497,939</u>	<u>£ 45,120</u>	<u>£ 543,059</u>

2018

<i>Tangible fixed assets</i>	-	2	-	2
<i>Fixed asset investments</i>	-	462,528	-	462,528
<i>Net current assets</i>	-	27,605	50,110	77,715
	<u>£ Nil</u>	<u>£ 490,135</u>	<u>£ 50,110</u>	<u>£ 540,245</u>

20. ANALYSIS OF THE NET MOVEMENT IN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds	<i>Total Funds</i>
	2019	2019	2019	<i>2018</i>
	£	£	£	£
Net movement in funds	7,804	(4,990)	2,814	(386)
	<u>£ 7,804</u>	<u>£ (4,990)</u>	<u>£ 2,814</u>	<u>£ (386)</u>

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 28 February 2019

21. COMPANY LIMITED BY GUARANTEE

Margaret Pyke Trust, with the Population & Sustainability Network is a company limited by guarantee and accordingly does not have a share capital.

Every Trustee is a Member of the charitable company and, in their capacity as a Member, undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a Trustee.

22. FUND HELD AS INTERMEDIARY AGENT

Time Capsule Project

At the start of the year, the Trust held £2,410 on behalf of the Time Capsule Project, which is administered by one of the Trustees, who is the project custodian. During the year, £5,000 was received for the project, and £142 was spent on the project (2017 - £97). £7,268 remained as project funds held by the Trust at the year end, and the amount is included in current liabilities in these accounts.

23. OTHER STATUTORY INFORMATION

Margaret Pyke Trust, with the Population & Sustainability Network is a charitable company limited by guarantee registered in England with registration number 03438741. Its registered office address is The Archway Centre, 681-689 Holloway Road, London N19 5SE. The accounts are presented in GBP rounded to £1.